

# The 10 Most Luxury Drug Treatment Centers in the World

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Malibu, California

When celebs detox from drug or alcohol abuse, it's not surprising that they gravitate toward the most luxurious treatment centers available. Luxury rehab centers all over the world offer amenities far beyond what can be found in standard treatment centers. Of course, these amenities come at a price.

## The Sanctuary Byron Bay - Australia

The Sanctuary Byron Bay in Australia is one of the most exclusive and expensive drug and alcohol treatment programs in the world. Offering stunning views of Australia's coastline, the sanctuary employs both traditional and alternative treatments to help its clients recover. Deep tissue massage, physiotherapy, yoga, and meditation are just some of the therapies offered at the sanctuary. One unique feature of The Sanctuary is that it is pet friendly. It can be a great comfort for patients to have their beloved companion with them during recovery.

## Hope by the Sea - Orange County, California

Hope by the Sea, located in Orange County, California, is a residential treatment center offering treatment for drug and alcohol abuse. The facility offers carefully landscaped grounds, a pool, a view of the beach, and large, comfortable bedrooms. The facility also has locations in Laguna Beach, San Juan Capistrano, and San Diego. In addition to traditional detox, it also offers a program in conjunction with Saddleback Church that focuses on Christian principles.

## Cottonwood Tucson - Tucson, Arizona

Cottonwood Tucson, located in Tucson, Arizona, is an inpatient drug and alcohol treatment facility that also helps patients with psychological problems and behavioral disorders or addictions. Overlooking Arizona's beautiful desert landscape, this program is sought after because of its holistic approach to healing, as well as its specialized programs for adolescent girls. Cottonwood Tucson runs retreats designed to help those at all stages of recovery.

## Passages - Malibu, California

Passages is one of the most famous luxury rehab facilities. It is located in Malibu, California, and is a common choice for celebrities in need of drug and alcohol treatment. Passages is one of the early rehab centers to break from the technique of having patients perform menial labor as part of their recovery. Rather, Passages focuses on keeping clients comfortable and able to focus on their health. Amenities at this treatment center include pools, a Jacuzzi, tennis courts, and a gym.

## Promises - Malibu, California

Promises, another famous California rehab center, offers treatment for drug and alcohol disorders as well as a host of psychological issues. Some of the unique therapies it offers include art therapy, acupuncture, eye movement desensitization and reprocessing, somatic therapy, and equine-assisted therapy. Promises originated the Malibu model of drug treatment, which emphasizes individualized therapy tailored to the patient.

## It's Perfect - Malibu, CA

It's Perfect in Malibu, California, offers a unique treatment philosophy. It acknowledges that it is human nature to seek pleasure, and it focuses on retraining patients to seek pleasure in healthier ways than drugs or alcohol. It's Perfect offers a staggering range of therapy programs and recreational activities for its patients. Sports options include rock climbing, archery, golf, yoga, snorkeling, rollerblading, and more. Patients can even attend Dodgers and Lakers games. Culture lovers can enjoy museums, art exhibitions, and art fairs. There also concerts, motivational speakers, and many other recreational options.

## Harmony Place - Malibu, California

Harmony Place in Malibu, California, is a drug and alcohol treatment program exclusively for women. In addition to offering substance abuse treatment, it also helps women deal with trauma and depression. It offers a holistic 12-step program in a calming and luxurious setting. Patients at Harmony Place enjoy a meditation room, a library, and seasonal cuisine.

## The Dunes - East Hampton, NY

The Dunes substance abuse treatment facility in East Hampton, New York, focuses on individualized recovery programs that include therapies such as cognitive behavioral therapy, eye movement desensitization and reprocessing, and pharmacotherapy. The facility's chef creates a menu based on organic and local ingredients, and the luxurious bathrooms and bedrooms help patients feel at home.

## The Cabin Chiang Mai - Thailand



Thailand's The Cabin Chiang Mai boasts a private riverside location with stunning views of the Ping River. Patients can engage in both traditional therapy and nontraditional choices like drama and art therapy. Because it is located in Thailand, where operating costs are lower, it offers many of the same amenities as other luxury treatment centers at a lower price.

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